



NGA TITAN CLASSIC 2018 RULES AND REGULATIONS

ELIGIBLE: Open to all Natural Athletes who hold a current NGA Membership card. Your registration may be submitted without your NGA membership, but you must have your NGA membership card with you at Check-in on June 22nd. If you need to obtain a membership card, please visit www.nationalgym.com.

PLACE: URBANDALE HIGH SCHOOL PERFORMING ARTS CENTER
7111 Aurora Avenue, Urbandale, IA 50322

TIME: **CONTESTANT CHECK-IN:** 6:00-9:00PM Friday, June 22, at UHS PAC
MANDATORY CONTESTANT MEETING: 11:00AM Saturday, June 23, at UHS PAC
(Contestants Only)

MUSIC: A posing routine is optional for bodybuilders. Contestants who choose to perform a routine must bring a thumb drive or CD preset to a maximum of 60 seconds of music.

DIVISION CROSSOVER: Please see the Divisions and Classes section of the Registration Form

AWARDS: MEN'S & WOMEN'S OPEN CLASS TROPHIES: 1st five places in each class & Overall
MASTERS, NOVICE, BIKINI, AND FIGURE: 1st five places

ENTRY FEE: Postmarked before May 1, 2018: \$50 for 1 class entry; \$50 per additional class entry
Postmarked after May 1, 2018: \$65 for 1 class entry; \$50 per additional class entry

LATE FEE: Entries must be post-marked by June 1, 2018. A \$25 late fee will be assessed for any entry received after this date.

POLYGRAPH FEE: All NGA competitors must pass a polygraph test to validate a minimum drug-free period of seven years. Testing will be at the host hotel by appointment. The polygraph testing fee is payable in cash to the polygrapher on the date of the test. No polygraph is needed if you have competed in NANBF, NGA, or DFAC show within the last 90 days. Please list the show and date on your entry form.

PAYMENT: **CREDIT** Please provide credit card information on the Registration Form

CASH or CHECK made payable to: **TITAN CLASSIC PROMOTIONS, LLC**
ATTN: Robert Dickerson
8102 Douglas Avenue
Urbandale, Iowa 50322

QUESTIONS: Visit our website at www.ngatitanclassic.com
Email us at: ngatitanclassic@gmail.com
A copy of the NGA guidelines can be found at www.nationalgym.com



TITAN CLASSIC 2018 ENTRY FORM

NAME _____ AGE _____ DATE OF BIRTH _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

EMAIL _____

DAYTIME PHONE _____ EVENING PHONE _____

NGA MEMBERSHIP # _____ EXPIRATION DATE _____

GYM WHERE YOU TRAIN _____

HEIGHT: _____ WEIGHT: _____

PREVIOUS CONTEST PLACINGS:

HAVE YOU COMPETED IN THE LAST 90 DAYS? YOU MAY BE EXEMPT FROM POLYGRAPH TESTING.

SHOW AND DATE: _____

DIVISIONS AND CLASSES

- MEN'S BODYBUILDING** (Crossover to Men's Classic Physique allowed)
[] NOVICE [] OPEN [] MASTERS - 40+
WILL YOU BE DOING A ROUTINE? YES NO
- WOMEN'S BODYBUILDING**
[] NOVICE [] OPEN [] MASTERS - 35+
WILL YOU BE DOING A ROUTINE? YES NO
- MEN'S CLASSIC PHYSIQUE** (Crossover to Men's Physique or Bodybuilding allowed)
[] NOVICE [] OPEN [] MASTERS - 40+
- MEN'S PHYSIQUE** (Crossover to Men's Classic Physique allowed)
[] NOVICE [] OPEN [] MASTERS - 40+
- WOMEN'S PHYSIQUE**
[] NOVICE [] OPEN [] MASTERS - 35+
- FIGURE** (Crossover to Bikini allowed)
[] NOVICE [] OPEN [] MASTERS - 35+
- BIKINI** (Crossover to Figure allowed)
[] NOVICE [] OPEN [] MASTERS - 35+
- IOWA NATURAL CHAMPIONSHIPS** (Must be an Iowa resident. Not Pro Card eligible.)
 - [] IOWA MEN'S BODYBUILDING [] IOWA WOMEN'S BODYBUILDING
 - [] IOWA MEN'S PHYSIQUE [] IOWA WOMEN'S PHYSIQUE
 - [] IOWA MEN'S CLASSIC PHYSIQUE [] IOWA FIGURE [] IOWA BIKINI



REGISTRATION FEES:

ENTRY FEE: \$50 before May 1, 2018; \$65 after May 1, 2018 _____

Includes: Competitor entry in 1 Class of competition
Admission for 1 backstage handler/assistant (wristband will be provided)
Event t-shirt – please indicate size: _____ men’s or women’s (Size guaranteed if registering before May 15)

DIVISION / CLASS FEE - \$50 PER ADDITIONAL DIVISION / CLASS \$50 X _____ = _____

LATE FEE (Only if registering after June 1, 2018) \$25 _____

PREORDER ADDITIONAL T-SHIRTS \$15 X _____ = _____

MENS Qty: L _____ XL _____ 2XL _____

WOMENS Qty: S _____ M _____ L _____ XL _____

TOTAL: _____

Example

Calculations: Registration prior to May 1, 2018:
Compete in Figure Open -> \$50 entry fee in 1 class = \$50
Compete in Figure Open and Iowa Figure -> \$50 entry fee + (1 additional class x \$50) = \$100
Compete in Figure Open and Iowa Figure -> \$50 entry fee + (2 additional classes x \$50) = \$150

Registration after May 1, 2018:
Compete in Figure Open -> \$65 entry fee in 1 class = \$65
Compete in Figure Open and Iowa Figure -> \$65 entry fee + (1 additional class x \$50) = \$115
Compete in Figure Open and Iowa Figure -> \$65 entry fee + (2 additional class x \$50) = \$165

PLEASE NOTE: ALL FEES ARE NON-REFUNDABLE

CREDIT CARD INFORMATION (Required only if paying by credit card – a \$5 card processing fee will be charged)

CARDHOLDER NAME _____ CARD TYPE VISA MASTER CARD

CREDIT CARD NUMBER _____ EXP. DATE _____

CARD BILLING ADDRESS ZIP CODE _____ 3-DIGIT CODE on BACK of CARD _____

CARDHOLDER SIGNATURE _____ DATE SIGNED _____

By signing below, I assert that I have read and agree to the NGA TITAN CLASSIC 2018 Rules and Regulations and the NGA By-Laws Rulebook. In addition, I agree to the conditions of the waiver below.

WAIVER: UPON ACCEPTANCE OF THIS ENTRY, I AM LEGALLY BOUND FOR MYSELF, MY HEIRS, EXECUTORS, AND ADMINISTRATORS, AND WAIVE AND RELEASE ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST NATIONAL GYM ASSOCIATION (NGA), TITAN CLASSIC PROMOTIONS LLC, URBANDALE PERFORMING ARTS CENTER, AND ALL SPONSORS, AGENTS, REPRESENTATIVES, AND ASSIGNS FOR ALL INJURIES AND/OR LOSSES SUFFERED BY ME AS A RESULT OF MY PARTICIPATION AND/OR ATTENDANCE AT THE NGA TITAN CLASSIC.

SIGNATURE _____ DATE _____

SIGNATURE OF PARENT OR GUARDIAN (IF UNDER 18) _____ DATE _____

