



TITAN CLASSIC 2017 RULES AND REGULATIONS

ELIGIBLE: Open to all Natural Athletes who hold a current NGA Membership card. Your registration may be submitted without your NGA membership, but you must have your NGA membership card with you at Check-in on June 16th. If you need to obtain a membership card, please visit www.nationalgym.com.

PLACE: URBANDALE HIGH SCHOOL PERFORMING ARTS CENTER
7111 Aurora Avenue, Urbandale, IA 50322

TIME: **CONTESTANT CHECK-IN:** 6:00-9:00PM Friday, June 16, at UHS PAC
MANDATORY CONTESTANT MEETING: 11:00AM Saturday, June 17, at UHS PAC (Contestants Only)

MUSIC: A posing routine is optional for bodybuilders. Contestants who choose to perform a routine must bring a thumb drive or CD preset to a maximum of 60 seconds of music.

DIVISION CROSSOVER: **WOMEN:** Crossover between the Figure and Bikini divisions is allowed
MEN: No crossover between men's divisions will be allowed

AWARDS: **MEN'S & WOMEN'S OPEN CLASS TROPHIES:** 1ST five places in each class & Overall
MASTERS, NOVICE, BIKINI, AND FIGURE: 1ST five places

ENTRY FEE: Postmarked before April 1st: \$40 plus \$20 per competition class
April 1st to May 1st: \$50 plus \$20 per competition class
After May 1st: \$60 plus \$20 per competition class

DEADLINE: All entries must be post-marked by June 1, 2017. A \$20 late fee will be assessed for any entry received after this date.

POLYGRAPH FEE: All NGA competitors must pass a polygraph test to validate a minimum drug-free period of seven years. Testing will be at the host hotel by appointment. \$45.00 is payable in cash to the polygrapher on the date of the test. No polygraph is needed if you have competed in NANBF, NGA, or DFAC show within the last 90 days. Please list the show and date on your entry form.

PAYMENT: **CASH or CHECK** made payable to: **TITAN CLASSIC PROMOTIONS, LLC**
ATTN: Robert Dickerson
8102 Douglas Avenue
Urbandale, Iowa 50322

QUESTIONS: Visit our website at www.ngatitanclassic.com
Email us at: ngatitanclassic@gmail.com
A copy of the NGA guidelines can be found at www.nationalgym.com



TITAN CLASSIC 2017 ENTRY FORM

NAME _____ AGE _____ DATE OF BIRTH _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

EMAIL _____

DAYTIME PHONE _____ EVENING PHONE _____

NGA MEMBERSHIP # _____ EXPIRATION DATE _____

GYM WHERE YOU TRAIN _____

HEIGHT: _____ WEIGHT: _____

PREVIOUS CONTEST PLACINGS:

HAVE YOU COMPETED IN THE LAST 90 DAYS? YOU MAY BE EXEMPT FROM POLYGRAPH TESTING.

SHOW AND DATE: _____

DIVISIONS AND CLASSES

MEN'S BODYBUILDING
[] NOVICE [] OPEN [] MASTERS - 40+
WILL YOU BE DOING A ROUTINE? YES NO

WOMEN'S BODYBUILDING
[] NOVICE [] OPEN [] MASTERS - 35+
WILL YOU BE DOING A ROUTINE? YES NO

MEN'S PHYSIQUE
[] NOVICE [] OPEN [] MASTERS - 40+

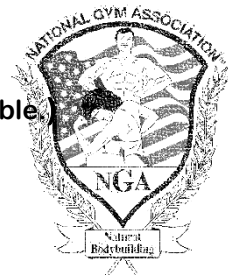
WOMEN'S PHYSIQUE
[] NOVICE [] OPEN [] MASTERS - 35+

MEN'S CLASSIC PHYSIQUE
[] NOVICE [] OPEN [] MASTERS - 40+

FIGURE
[] NOVICE [] OPEN [] MASTERS - 35+

BIKINI
[] NOVICE [] OPEN [] MASTERS - 35+

IOWA NATURAL CHAMPIONSHIPS (Must be an Iowa resident. Not Pro Card eligible)
[] IOWA MEN'S BODYBUILDING [] IOWA WOMEN'S BODYBUILDING
[] IOWA MEN'S PHYSIQUE [] IOWA WOMEN'S PHYSIQUE
[] IOWA MEN'S CLASSIC PHYSIQUE [] IOWA FIGURE [] IOWA BIKINI



REGISTRATION FEES:

ENTRY FEE: \$40 if postmarked before April 1; \$50 April 1 to May 1; \$60 after May 1 _____

Includes: Competitor entry in Titan Classic
Admission for 1 backstage handler/assistant (wristband will be provided)
Event t-shirt – please indicate size: _____ men’s or women’s (Size guaranteed if registering before May 1)

DIVISION / CLASS FEE - \$20 PER DIVISION / CLASS **\$20 X** _____ = _____

LATE FEE (Only if registering after June 1, 2017) **\$20** _____

PREORDER ADDITIONAL T-SHIRTS **\$15 X** _____ = _____

MENS Qty: L _____ XL _____ 2XL _____

WOMENS Qty: S _____ M _____ L _____ XL _____

TOTAL _____

Example

Calculations: Compete in Figure Open → \$50 entry fee + (1 class x \$20) = \$70

Compete in Figure Open and Iowa Figure → \$50 entry fee + (2 classes x \$20) = \$90

PLEASE NOTE: ALL FEES ARE NON-REFUNDABLE

By signing below, I assert that I have read and agree to the TITAN CLASSIC 2017 Rules and Regulations and the NGA By-Laws Rulebook.

In addition, I agree to the conditions of the waiver below.

WAIVER: UPON ACCEPTANCE OF THIS ENTRY, I AM LEGALLY BOUND FOR MYSELF, MY HEIRS, EXECUTORS, AND ADMINISTRATORS, AND WAIVE AND RELEASE ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST NATIONAL GYM ASSOCIATION (NGA), TITAN CLASSIC PROMOTIONS LLC, URBANDALE PERFORMING ARTS CENTER, AND ALL SPONSORS, AGENTS, REPRESENTATIVES, AND ASSIGNS FOR ALL INJURIES AND/OR LOSSES SUFFERED BY ME AS A RESULT OF MY PARTICIPATION AND/OR ATTENDANCE AT THE TITAN CLASSIC.

SIGNATURE _____ DATE _____

SIGNATURE OF PARENT OR GUARDIAN (IF UNDER 18)

DATE _____

